 **Packed in Australia - ingredient sources vary - average 50% Australian ingredients**
- Banana, strawberry, kale, flaxseed

Nutrition Facts

1 serving per container

Serving size (175g)

Amount Per Serving **Calories 150**
% Daily Value*

Total Fat	4g	5%
Saturated Fat	0.6g	3%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	35mg	2%
Total Carbohydrate	27g	10%
Dietary Fiber	7g	25%
Total Sugars (Includes 0g Added Sugars)	11g	0%
Protein	3g	6%
Vitamin D	0mg	0%
Calcium	60mg	4%
Iron	3mg	15%
Potassium	403mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Acai Berry Blast

\$9.00

Acai Berry Blast

Ingredients

Strawberry, Banana, Acai Puree, Blueberry, Kale, Flax Seed, Goji Berry

INSTRUCTIONS

Add 300mL of Liquid & Blend

Keep frozen

Store below -18°C

Manufactured by MYBLENDZ smoothie co.

ABN: 48 136 325 076

Orange, N.S.W, 2800

www.MYBLENDZ.org



Packed in Australia - ingredient sources
vary - average 60% Australian ingredients
- Pineapple, apple, spinach, mint

Nutrition Facts

1 serving per container

Serving size (175g)

Amount Per Serving **Calories 140**
% Daily Value*

Total Fat	1g	1%
Saturated Fat	0.2g	1%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	70mg	3%
Total Carbohydrate	32g	12%
Dietary Fiber	6g	21%
Total Sugars (Includes 0g Added Sugars)	20g	0%
Protein	5g	10%
Vitamin D	0mg	0%
Calcium	53mg	4%
Iron	4mg	20%
Potassium	518mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Supergreen Detox

\$8.50

Supergreen Detox

Ingredients

Pineapple, Kiwi Fruit, Apple, Spinach,
Spirulina, Ginger, Mint

INSTRUCTIONS

Add 300mL of Liquid & Blend

Keep frozen


Store below -18°C

Manufactured by MYBLENDZ smoothie co.

ABN: 48 136 325 076

Orange, N.S.W, 2800

www.MYBLENDZ.org

 **Packed in Australia - ingredient sources vary - average 30% Australian ingredients - banana, honey, chia seed**

Nutrition Facts

1 serving per container

Serving size (175g)

Amount Per Serving **Calories 200**
% Daily Value*

Total Fat	9g	12%
Saturated Fat	6.7g	34%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrate	30g	11%
Dietary Fiber	5g	18%
Total Sugars (Includes 0g Added Sugars)	20g	0%
Protein	3g	6%
Vitamin D	0mg	0%
Calcium	51mg	4%
Iron	2mg	10%
Potassium	457mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Mango Co-Co

\$9.00

Mango Co-Co

Ingredients

Mango, Banana, Dates, Coconut Cream, Chia Seed, Honey, Turmeric

Allergens

May contain cereal, soy, dairy, tree nuts, sesame

INSTRUCTIONS

Add 300mL of Liquid & Blend

Keep frozen


Store below -18°C

Manufactured by MYBLENDZ smoothie co.

ABN: 48 136 325 076

Orange, N.S.W, 2800

www.MYBLENDZ.org

 Packed in Australia - ingredient sources vary - average 50% Australian ingredients
- Banana, strawberry, oats, honey, chia seed

Nutrition Facts

1 serving per container

Serving size (175g)

Amount Per Serving **Calories 290**
% Daily Value*

Total Fat	9	12%
Saturated Fat	6.6g	33%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	5mg	0%
Total Carbohydrate	54g	20%
Dietary Fiber	7g	25%
Total Sugars (Includes 0g Added Sugars)	30g	0%
Protein	5g	10%
Vitamin D	0mg	0%
Calcium	32mg	2%
Iron	2mg	10%
Potassium	530mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Brekky Bang

\$8.50

Brekky Bang

Ingredients: Banana, Strawberry, Blueberry, Coconut Cream, Dates, Oats, Chia seed, Honey

Allergens

Contains: Gluten

May contain cereal, soy, dairy, tree nuts, sesame

INSTRUCTIONS

Add 300mL of Liquid & Blend

Keep frozen

Store below -18°C

Manufactured by MYBLENDZ smoothie co.

ABN: 48 136 325 076

Orange, N.S.W, 2800 www.MYBLENDZ.org



Packed in Australia from at
least 30% Australian
ingredients with Banana, Honey

Nutrition Facts

1 serving per container

Serving size (175g)

Amount Per Serving **Calories 223**
% Daily Value*

Total Fat	9.8	13%
Saturated Fat	7g	35%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	12mg	1%
Total Carbohydrate	37.4g	14%
Dietary Fiber	7.2g	26%
Total Sugars (Includes 0g Added Sugars)	24g	0%
Protein	3.6g	8%
Vitamin D	0mg	0%
Calcium	57mg	4%
Iron	2mg	13%
Potassium	552mg	12%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Espresso Dream

\$8.50

Espresso Dream

Ingredients: Espresso, Banana, Coconut Cream, Dates, Coco Powder, Chia Seeds, Honey

Allergens

May contain cereal, soy, dairy, tree nuts, sesame

INSTRUCTIONS

Add 300mL of Liquid & Blend

Keep frozen

Store below -18°C

Manufactured by MYBLENDZ smoothie co.

ABN: 48 136 325 076

Orange, N.S.W, 2800 www.MYBLENDZ.org



**Packed in Australia from at least
60% Australian ingredients with
Watermelon, Pineapple, Mint**

Nutrition Facts

1 serving per container

Serving size (175g)

Amount Per Serving **Calories 78**
% Daily Value*

Total Fat	0.4g	1%
Saturated Fat	0.1g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	18mg	1%
Total Carbohydrate	18.7g	7%
Dietary Fiber	2.9g	10%
Total Sugars (Includes 0g Added Sugars)	13.9g	0%
Protein	1.8g	3%
Vitamin D	0mg	0%
Calcium	30mg	3%
Iron	1mg	7%
Potassium	279mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Refreshmint

\$8.50

Refreshmint

Ingredients: Watermelon,
Strawberry, Pineapple, Goji Berry,
Mint

INSTRUCTIONS

Add 300mL of Liquid & Blend

Keep frozen

Store below -18°C

Manufactured by MYBLENDZ smoothie co.

ABN: 48 136 325 076

Orange, N.S.W, 2800 www.MYBLENDZ.org